

**Stu Mittleman**  
**On behalf of**  
**The Anthony Robbins Foundation**

Contact information:  
The Anthony Robbins Foundation  
9888 Carroll Centre Road, Suite 112  
San Diego, CA 92126  
[foundation@tonyrobbins.com](mailto:foundation@tonyrobbins.com)

6 November 2003

Dear Friends:

As some of you may know, I have decided to enter the United States Track and Field Association 24-Hour National Championship, to be held this November 8 at the University Of California, San Diego Track in La Jolla. Nearly 100 of the world's greatest endurance runners will compete in this event, which will undoubtedly be one of the most important ultra-distance competitions in the world this year. Entrants compete to run the most mileage within a 24-hour period. Top competitors are expected to run up to 130 miles or more during this time. The event will begin at 10:00 AM November and will conclude on Sunday, November 9 at 10:09 AM. The public is invited.

For the past three years I have been a strong supporter of the Anthony Robbins Foundation (ARF) which has created the Discovery Camp Youth Leadership program. In fact, back in the summer of 2000, my Journey Across America (see: [www.journeyacrossamerica.com](http://www.journeyacrossamerica.com)) raised over \$125,000 to generate the seed money to beginning this marvelous project. Once again, I am asking for your support by donating to the Anthony Robbins Foundation in order to continue with this extraordinary effort. Enclosed is a form for you to identify the amount per mile you are willing to contribute. These donations are completely tax deductible.

The ARF presented its first Discovery Camp (Youth Leadership Program) in 2001 at Lake Tahoe, hosting 307 youth and educators from 6 counties. Participants learned strategies and tools for becoming greater communicators, leaders and community servants.

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In addition, it is my pleasure to extend an invitation to the entire ARF community - especially those with a passion for health and fitness and a commitment to the future well being of your children - to a series of "Unlimited Energy/Maximum Endurance" clinics. The first of these clinics will be held at the Solana Vista Elementary School on Wednesday, Nov 5 @ 7:00 PM. Topics will include: physical training, nutrition, and mind-set strategies for optimal health, peak fitness, and unlimited energy. I will be available to discuss these topics - and more - along with answering any questions you might have regarding the 24-Hour National Championship Race on Nov. 8 and 9.

Thank you in advance for your attention to these matters and your generosity. Please contact me directly if you have any questions.

Yours for the distance,

Stu Mittleman

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## Open Clinic

Topic/Presenter: Unlimited Energy/Maximum Endurance Clinic #1  
with Ultra-distance Champion Stu Mittleman

Where: The Solana Vista Elementary School Kiosk (See link:  
<http://www.mapquest.com/maps/map.adp?countryid=250&addtohistory=&country=US&address=780+Santa+Victoria+Avenue+&city=Solana+Beach&state=CA&zipcode=92075&historyid=&submit=Get+Map>)

When: Wednesday, Nov 5 @ 7:00 PM

Contact: Stu Mittleman, 800-913-9266

- Discover physical training, nutritional, and mind-set strategies that maximize energy levels, enhance physical performance, and create optimal health and vitality.
- Learn more about the 24-Hour National Champions and how you can be part of this major fund-raising event on behalf of The Anthony Robbins Foundation.

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## Contribution Pledge Sheet

Yes, please put me down for the following contributions to  
The Anthony Robbins Foundation:

Amount of Contribution:

\$1 per mile

\$5 per mile

\$10 per mile

Other

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Name:

\_\_\_\_\_

Address:

\_\_\_\_\_

Telephone: (Home): \_\_\_\_\_ (Mobile/Work) \_\_\_\_\_

Email: \_\_\_\_\_ (Fax): \_\_\_\_\_

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Please mail contribution pledge sheet to (we will contact you regarding Stu's final tally):

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